

MARKETPLACE NEWS

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Patient-empowered care originating from a Functional/Integrative approach

What do you think of when you hear the words “doctor’s appointment”? Perhaps you envision a brief meeting with an individual in a white lab coat – someone who cares for you and your health, but due to various factors may only have a small window of time for your visit. A visit in which there isn’t usually a lot of excavating to uncover potential hidden details of how you got to where you are and what you might need to do to straighten the kinks in that road. Often the answer is adding another bridge or a curve, to simply go over or around the constant obstacles on your high-

way to health, rather than repairing the road. Well, that isn’t the picture that Juergen Winkler, MD, founder of Quantum Functional Medi-

cal Group. His professional scope during this time also included Medical Directorships with various home health agencies. When asked why he chose to devote his life to the healing arts, he replied, “Originally I was inspired to become a practitioner because of my interest in finding the root cause of disease and the desire to alleviate suffering. However, my mother-in-law’s suffering with pancreatic cancer served as an incentive to get even more serious about helping patients with chronic and debilitating health conditions. I began deeper research into the philosophy, methods and outcomes of integrative/functional health care practices.”

“It is my desire to offer treatment modalities designed to specifically deal with each individual’s need. That is why I continued my formal medical education and have now earned my Board Certification in Holistic and Integrative Medicine, ABIHM. It is why with over



Dr. Juergen Winkler, MD. Courtesy photo

10 years experience in this field and 1000+ hours of education in holistic/integrative medicine I still continue my studies. The whole purpose of our clinic is to provide the community with health, hope and relief of suffering through a vast diversity of treatment options. Our clinic strives to restore and maintain health through innovative Functional Medicine,” Dr. Winkler concluded.

“Functional Medicine” is a systems oriented approach specific to each individual. It involves a partnership of the patient and the practitioner to target underlying causes of disease. It addresses the whole person with regard to their individual genetics, environmental exposures, lifestyle factors, emotional and physical makeup, each of which is an influence in chronic disease.

It is the goal of Quantum Functional Medicine to bring about health and vitality through the investigation and treatment of each of these components.

So let’s take a quick look at how his Functional approach to medicine evolved. Dr. Winkler earned his Doc-

tor of Medicine degree from University of Maryland (Baltimore, MD) in 1988. He completed his Residency Training in Family Practice at the

San Bernardino County Medical Center and is licensed by the state of CA. To start his journey into the world of health care, Dr. Winkler served as a physician in The United States Air Force from June of 1991 through May of 1995.

The next steps on his road to Functional Medicine saw Dr. Winkler working for several years in a private practice in Carlsbad, CA, and with the Mobile Medi-

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To that end the clinic offers such treatments as Chelation, Detoxification, Oxidative Therapies, Bio-Identical Hormone Replacement, Immune Enhancement, Homotoxicology to restore the body’s immune defenses, Cancer Support Therapies, Prolo Therapy to treat chronic joint injuries (back/neck problems and sport injuries), Meso Therapy to deliver medication to the layer beneath the skin which communicates with the deeper tissue, nerves and lymphatics, Individualized Nutrition Programs, FirstLine Therapy, Cold Laser Treatments and Pulsed Electro-Magnetic Field Therapy (PEMF), to name a few.

Quantum Functional Medicine was selected by the Carlsbad Award Program to receive the 2015 Best of Carlsbad Award in the Health & Medical category.

To learn more about Quantum Functional Medicine visit their website, QFMed.com or contact the clinic at (760) 585-4616.