

MARKETPLACE NEWS

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Facing the Changes of Age: BHRT – the Who? What? How?

The Who: every man or woman who experiences the aging process.

The What: biological changes which occur during the aging process altering hormone production and causing undesirable symptoms.

The How: BHRT... Bio-Identical hormone replacement can assist in restoring the body to more

youthful hormone levels, improving the aging process by reducing many of its side effects.

As we age the body's major hormone systems decline in function. Stamina, vitality, muscle strength and sexual function can all be improved with the restoration of our youthful hormone levels.

Copying the way na-

ture functions and replenishing these hormones with Bio-Identical hormones will generally give the best results.

Women who replace the sex hormones of their youth will notice improved energy, with decreased risks of dementia, osteoporosis and other diseases associated with aging, not to mention relieving most of the symp-

tomms of peri-menopause and menopause.

Hormone replacement isn't just for women. Men over the age of 40 will begin to notice that they gain weight easily and that they experience a reduction in their strength, libido and vitality as a result of their decreasing testosterone level.

It is crucial for men to realize that as they age

their decreasing testosterone can convert to the female hormone, estrogen, which can affect their risk of developing prostate problems, diabetes and additional conditions.

Having a customized treatment plan designed to optimize these hormones will improve vitality and decrease their risk of age incurred debilitating dis-

eases.

For more information on testing, diagnosis and treatment of age related changes in male and female hormones please contact Quantum Functional Medicine at (760) 585-4616 or via email at info@qfmed.com.

For information on other services offered by the clinic check out their website at QFMed.com.

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